



Polaris Insight Center

4257 18th Street
San Francisco, California 94114
415-800-7083
info@polarisinsight.com

Course Title

Advanced Workshop: Training and Practice of KAP principles through Role Play

Course Description

In this workshop, our focus is on helping clinicians develop clinical skills needed for KAP. Clinicians will learn how to implement principles of KAP in practice, respond to common questions and challenges that can arise during KAP, gain experience role-playing therapist and patient in KAP, and have opportunities to observe and discuss role-plays in dyadic/triadic work. This module is ideal for those not familiar with sitting in KAP sessions and for those not living in California or unable to travel for an experiential module. Teachings are appropriate for healthcare professionals as well as the general public. Healthcare professionals will be able to incorporate the tools and practices offered in this program in ways beneficial to clients or patients. CE credit is awarded for instructional time only and does not include time spent in role plays.

THE DETAILS

When: 9 AM – 5 PM PST on December 6th, 2020 or March 27th, 2021

Where: Online via Zoom

Faculty: Harvey Schwartz, PhD (Psychologist), Veronika Gold, LMFT (Psychotherapist), and Eric Sienknecht, PsyD (Psychologist)

Cost: \$225 and \$79 for 8 CEs

Participants need to cancel up to 2 weeks in advance to receive 100% refund. If cancelled after the 2-weeks-in-advance period they can use the credit for a future training or receive 50% refund.

Learning Objectives

1. Describe two interventions that help create physical and emotional safety before, during, and after a ketamine therapy session
2. Describe two clinical interventions for facilitating memory of a non-ordinary states of consciousness (NOSC) experience
3. Explain a mindfulness/relaxation/breathing method that can be used to assist patients with anxiety and easing entry into NOSC
4. List two emergency interventions for KAP
5. Describe two effective strategies or interventions to use with challenging emotional and spiritual experiences that might arise during a ketamine session
6. List two important follow-up methods and questions to ensure effective integration is taking place following a KAP session



Polaris Insight Center

4257 18th Street
San Francisco, California 94114
415-800-7083
info@polarisinsight.com

Target Audience

This course is designed for mental health professionals – MDs, DOs, NDs, NPs, RNs, PsyDs, PhDs, LMFTs, LCSWs, LPCs, LEPs

Accommodations

To request accommodations for special needs, please email the program administrator at training@polarisinsight.com

Grievances

To obtain the grievance policy or report a grievance please email training@polarisinsight.com or call 415-800-7083

Information on Continuing Education Credit for Health Professionals

- Polaris Insight Center is approved by the American Psychological Association to sponsor continuing education for psychologists and other mental health professionals. Polaris Insight Center maintains responsibility for this program and its content
- The California Board of Behavioral Sciences accepts CE credits for LCSW, LPCC, LEP, and LMFT license renewal for programs offered by approved sponsors of CE by the American Psychological Association.
- LCSWs, MFTs, and other mental health professionals from states other than California need to check with their state licensing board as to whether or not they accept programs offered by approved sponsors of CE by the American Psychological Association
- For questions about receiving your Certificate of Attendance, contact our training coordinator, Jana Adamova, at training@polarisinsight.com

Polaris Insight Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Polaris Insight Center maintains responsibility for this program and its content.