



Polaris Insight Center

4257 18th Street
San Francisco, California 94114
415-800-7083
info@polarisinsight.com

Course Title

Advanced Workshop: Special Topics in Ketamine-Assisted Psychotherapy Live/Online

Course Description

In this workshop, we focus on special topics in KAP, including: Applying principles of ACT in KAP, working with issues of substance misuse using KAP, exploring resistance in KAP treatment, using KAP in the treatment of PTSD, understanding the benefits and challenges of therapists' personal experiences of NOSC, and discussing self-care, consultation, and continuing education recommendations for therapists working in the field of psychedelic medicine. Teachings are appropriate for healthcare professionals as well as the general public. Healthcare professionals will be able to incorporate the tools and practices offered in this program in ways beneficial to clients or patients.

THE DETAILS

When: 9 AM – 5 PM PST on December 5th, 2020 or February 28th, 2021 or April 19th, 2021

Where: Online via Zoom

Faculty: Harvey Schwartz, PhD (Psychologist), Veronika Gold, LMFT (Psychotherapist), and Eric Sienknecht, PsyD (Psychologist), Chris Stauffer, MD (Psychiatrist), Marina Bystritsky, PhD (Psychologist)

Cost: \$ 350 and \$79 for 8 CEs

Participants need to cancel up to 2 weeks in advance to receive 100% refund. If cancelled after the 2-weeks-in-advance period they can use the credit for a future training or receive 50% refund.

Learning Objectives

1. Describe one principle of KAP that can explain symptom reduction in the treatment of trauma
2. Describe two steps that a KAP clinic can take to help mitigate the risk of ketamine addiction
3. Describe two clinical challenges that can arise in the use of music in KAP
4. List three aspects of being a good psychedelic psychotherapist
5. Explain one reason in support of therapists having their own experience with NOSC
6. Identify two challenges that patients can have in integrating spiritual experiences.



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Target Audience

This course is designed for mental health professionals – MDs, DOs, NDs, NPs, RNs, PsyDs, PhDs, , LMFTs, LCSWs, LPCs, LEPs

Accommodations

To request accommodations for special needs, please email the program administrator at training@polarisinsight.com

Grievances

To obtain the grievance policy or report a grievance please email training@polarisinsight.com or call 415-800-7083

Information on Continuing Education Credit for Health Professionals

- Polaris Insight Center is approved by the American Psychological Association to sponsor continuing education for psychologists and other mental health professionals. Polaris Insight Center maintains responsibility for this program and its content
- The California Board of Behavioral Sciences accepts CE credits for LCSW, LPCC, LEP, and LMFT license renewal for programs offered by approved sponsors of CE by the American Psychological Association.
- LCSWs, MFTs, and other mental health professionals from states other than California need to check with their state licensing board as to whether or not they accept programs offered by approved sponsors of CE by the American Psychological Association
- For questions about receiving your Certificate of Attendance, contact our training coordinator, Jana Adamova, at training@polarisinsight.com

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