



Polaris Insight Center

4257 18th Street
San Francisco, California 94114
415-800-7083
info@polarisinsight.com

Course Title

Intermediate Workshop on Ketamine-Assisted Psychotherapy: Clinical Issues Part 1 Live/Online

Course Description

In this workshop, we focus on several key clinical issues and relevant themes in this treatment protocol, including: Addressing and working with nervous system dysregulation, working with somatic and therapeutic touch, implementing principles and techniques of transpersonal psychology, understanding the unique transference challenges of KAP, understanding countertransference to further the therapeutic process, improving individualized treatment based on case study presentations, participating in an experiential using KAP set and setting elements, music, and breakout groups for integration work. In-depth case presentations are also included in this module. Teachings are appropriate for healthcare professionals as well as the general public. Healthcare professionals will be able to incorporate the tools and practices offered in this program in ways beneficial to clients or patients.

THE DETAILS

When: 9 AM – 5 PM PST on November 7th, 2020 or January 24th, 2021 or February 8th, 2021 or April 17th, 2021

Where: Online via Zoom

Faculty: Harvey Schwartz, PhD (Psychologist), Veronika Gold, LMFT (Psychotherapist), and Eric Sienknecht, PsyD (Psychologist)

Cost: \$ 350 and \$79 for 8 CEs

Participants need to cancel up to 2 weeks in advance to receive 100% refund. If cancelled after the 2-weeks-in-advance period they can use the credit for a future training or receive 50% refund.

Learning Objectives

1. Describe two ways in which the use of touch can support and facilitate self-regulation of the nervous system, and describe one way in which touch can be an interference or an intrusion in the process
2. Explain two major points about the important role of iterations of informed consent for issues related to therapeutic touch in KAP
3. Describe two of the major contributions of transpersonal psychology to the development of clinical protocols for KAP and psychedelic assisted psychotherapies
4. Explain how themes of the “Hero’s Journey” are relevant to the therapy process in KAP



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5. Describe two major points of Stan Grof's influence on altered state/holotropic state treatments
6. Describe the differences between integrative and disintegrative altered state experiences that patients may express in the transference

Target Audience

This course is designed for mental health professionals – MDs, DOs, NDs, NPs, RNs, PsyDs, PhDs, LMFTs, LCSWs, LPCs, LEPs

Accommodations

To request accommodations for special needs, please email the program administrator at training@polarisinsight.com

Grievances

To obtain the grievance policy or report a grievance please email training@polarisinsight.com or call 415-800-7083

Information on Continuing Education Credit for Health Professionals

- Polaris Insight Center is approved by the American Psychological Association to sponsor continuing education for psychologists and other mental health professionals. Polaris Insight Center maintains responsibility for this program and its content
- The California Board of Behavioral Sciences accepts CE credits for LCSW, LPCC, LEP, and LMFT license renewal for programs offered by approved sponsors of CE by the American Psychological Association.
- LCSWs, MFTs, and other mental health professionals from states other than California need to check with their state licensing board as to whether or not they accept programs offered by approved sponsors of CE by the American Psychological Association
- For questions about receiving your Certificate of Attendance, contact our training coordinator, Jana Adamova, at training@polarisinsight.com



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